

- Introductions:



- Go over your ground rules for your meeting to see if anyone would



like to add a new rule or take a rule off.

- Share some of the things you have learned that interested you from the FAB topic links, with your group for the appropriate month.



- Have fun learning, sharing and doing some of the exercises you find for the month we are in.



- Enjoy playing one or more of the games for the month.



- Share one or more of the wonderful recipes at your meeting.



See if anyone wants to volunteer to make one of the recipes to show at your next months meeting!



- End with asking if anyone has any questions or comments.

